



SCHEER
GUT ESSENTIALS

HCL Restore

SUPPORTS HEALTHY STOMACH ACID
PRODUCTION FOR OPTIMAL DIGESTION



HCL Restore combines betaine HCl with key cofactors to support healthy stomach acid levels, protein digestion, and overall digestive function.



Supports
digestive
function



Promotes
nutrient
absorption



Encourages gut
microbiome
balance



Stomach acid (HCl) plays a crucial role in breaking down proteins, activating enzymes, and supporting the absorption of key nutrients like iron, calcium, and vitamin B12. As we age or under stress, low stomach acid can lead to bloating, discomfort, food sensitivity, and poor nutrient uptake.

Targeted Nutrients & Cofactors



• Betaine HCl

A primary support for stomach acid production, helping to break down proteins and support mineral absorption.



• Calcium & Zinc

Essential minerals that support digestive enzyme function and gut lining integrity.



• Pepsin

A natural enzyme that works with stomach acid to help break down protein into amino acids for better digestion and absorption.

✓ Clinical Benefits

- **Supports stomach acid production**

Helps maintain healthy levels of stomach acid to support efficient digestion and breakdown of proteins.

- **Improves nutrient absorption**

Supports the absorption of essential minerals and vitamin B12 for optimal energy and overall wellness.

- **Promotes comfort & digestive health**

May help reduce occasional bloating, fullness, and indigestion associated with low stomach acid.

- **Supports gut lining & enzyme function**

Contains key nutrients that help support digestive enzyme activity and the integrity of the gut lining.

References:

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- Hurwitz A et al. Gastric acidity in older adults. *JAMA*. 1997;278:659–662.
- Giannella RA et al. Influence of gastric acidity on bacterial and parasitic infections. *Annals of Internal Medicine*. 1973;78:271–276.
- Rabinowitch IM. Achlorhydria and its clinical significance in diabetes. *American Journal of Digestive Diseases*. 1949;16:322–333.
- Berstad K, Berstad A. Helicobacter pylori infection in peptic ulcer disease. *Scandinavian Journal of Gastroenterology*. 1993;28:561–567.
- Seery JP. Achlorhydria and gastric carcinogenesis. *Lancet*. 1991;338:1508–1509.
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Supplement Facts

Serving Size: 1 Capsule

Servings Per Container: 90

	AMOUNT PER SERVING	% DV
Betaine Hydrochloride	650 mg	*
Calcium (as Dicalcium Malate)	50 mg	4%
Zinc (as Zinc Citrate)	7.5 mg	68%
Pepsin (1:10,000)	10 mg	*

*Daily Value not established.

SUGGESTED USE

Take 1 capsule with the first bite of each protein-containing meal or as directed by your healthcare professional.

CAUTION

Do not use if you have a stomach ulcer, frequent heartburn, or are pregnant or nursing. Consult your healthcare professional before use if you are taking medication or have a medical condition.



To place your order for **HCL Restore** or for additional information please contact us at:

supplements.rachelscheer.com