



SCHEER
GUT ESSENTIALS

Enzyme Restore

NUTRITIONAL SUPPORT FOR DIGESTION



A targeted blend designed to support stomach acid production, protein digestion, and optimal nutrient absorption.



Supports stomach
acid production



Supports protein
digestion



Clinical enzyme
support



Herbs, nutrients, and digestive cofactors play a critical role in supporting optimal digestion, enzyme activation, and nutrient assimilation.

Enzyme Restore contains key nutrients and digestive components including betaine hydrochloride, glutamic acid HCl, ammonium chloride, vitamin B6, and pancreatin to support gastric acid formation and digestive enzyme activity.



Betaine HCl & Glutamic Acid HCl

Betaine is trimethylglycine, a normal metabolite and methyl donor. In its protonated form, betaine HCl releases hydrochloric acid in solution, providing a supplemental source of gastric acid. Similarly, glutamic acid HCl yields hydrochloric acid and supports stomach acidity.



Ammonium Chloride

Provides chloride ions required for hydrochloric acid production. Chloride also plays a key role in maintaining optimal pH balance and osmotic regulation in the body.



Vitamin B6

Supports nutrient metabolism and is positively influenced by gastric acid secretion. Deficiency is linked to impaired trace mineral status.



Pancreatin (Porcine Enzymes)

A concentrated source of digestive enzymes including proteases, amylase, and lipase. These enzymes support the breakdown of proteins, carbohydrates, and fats. The pancreatin is coated to preserve activity through gastric transit.



Proteolytic Enzymes in Digestion

A wide assortment of proteolytic enzymes is required to break down proteins into amino acids and peptides. These enzymes are secreted as inactive precursors and activated in the digestive tract. Pepsin, produced in the stomach, exhibits maximal activity in acidic conditions and begins protein digestion.



Pancreatic Enzyme Function

After leaving the stomach, chyme is neutralized in the intestine and further broken down by pancreatic enzymes including trypsin, chymotrypsin, elastase, and carboxypeptidases. These enzymes continue protein digestion and support full nutrient breakdown.



Digestive Cascade Support

Pancreatic secretions also include amylase for carbohydrate digestion and lipase for fat breakdown. These enzymes work synergistically with bile and stomach acid to ensure complete digestion and absorption.



Low stomach acid (hypochlorhydria) is increasingly common with age and is associated with impaired digestion, reduced mineral absorption, and increased susceptibility to bacterial overgrowth and infections.

Supplement Facts

Serving Size: 1 Tablet

	Amount Per Serving	% Daily Value
Vitamin B6 (as pyridoxine hydrochloride)	2 mg	100%
Betaine Hydrochloride	150 mg	†
Glutamic Acid (as L-Glutamic acid hydrochloride)	50 mg	†
Ammonium Chloride	35 mg	†
Pancreatin 4X (porcine)	10 mg	†
Pepsin (1:10,000)	10 mg	†

† Daily Value not established

Other Ingredients: Vegetable culture, cellulose, stearic acid (vegetable source), modified cellulose gum, silica, and food glaze.

* Specially grown, biologically active vegetable culture derived from organic plant sources containing naturally associated phytochemicals.

This product is gluten and dairy free.

One (1) tablet with each meal as a dietary supplement or as otherwise directed by a healthcare professional.

CAUTION

Not recommended for pregnant or lactating women.

KEEP OUT OF REACH OF CHILDREN

Store in a cool, dry area.

Sealed with an imprinted safety seal for your protection.



To place your order for **Enzyme Restore** or for additional information please contact us at:

supplements.rachelscheer.com

References:

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